

INDIVIDUAL IRON  
TONIC RECIPE

# IRON TONIC



IRON TONIC - FERNANDO RICCI

# INTRODUCTION

You must be wondering how some foods and herbs can thicken the penis, right? These ingredients that we are going to present to you contain different nutrients that try to fill the corpora cavernosa with blood and its secret nutrients. And these ingredients, in addition to helping to increase the thickness of your penis, will also greatly increase your sexual potency.

These herbs stimulate the production of growth hormone. Their combination causes growth hormone to be activated. They also help eliminate degenerative cells that can cause penis atrophy and also promote the dilation of the cavernous walls in your penis.

And as I told you, the iron tonic increases the thickness of the penis and will give extreme power in increasing your testosterone and libido. You will see his penis very thick and full of veins. Women love penises like this.

# HOW DOES IRON TONIC WORK?

Every day, after lunch, eat a banana. In our research, we identified that this way we can eliminate the toxins that keep growth hormone dormant.

## INGREDIENTS:

- 1 BANANA 30 MINUTES AFTER LUNCH.



Furthermore, these powerful recipes will also help you fight the formation of cancer, cardiovascular problems and diabetes, which are diseases that lead to the development of erectile dysfunction.

# IRON TONIC RECIPE

- 1 tablespoon (6g) beetroot powder
- 1 tablespoon (6g) Peruvian maca powder
- 1 tablespoon (6g) tribulus powder
- 1 teaspoon (3g) ginger powder
- 4 chopped strawberries
- 200ml water



## PREPARATION MODE:

Preparing this powerful fortifier is very simple. Just add all these ingredients to a glass with 200ml of water, mix until all the ingredients are homogeneous and then drink!

It is recommended to take 1 or 2 glasses of 200ml per day, 1 glass in the morning and another in the evening (1 hour before dinner or 1 hour after dinner), for at least 21 days.

**With just 1 glass a day, you will already have great results. You can continue drinking the drink even after 30 days, as the nutrients in the recipe are natural and will only bring benefits to your life, such as increased testosterone, increased thickness and more time during sex, as well as more energy in your daily life. .**

***Believe me, you will make women crazy about you.***

# NOTICE IMPORTED!

Just with this secret recipe, you will already have great results to increase the thickness of your penis. However, if you want to try exercises to increase penis size, we will make the next modules available as a bonus for you. So, good treatment, my friend.

Where to find herbs? In natural product stores and natural supplement stores, you will find all these herbs at a very cheap price.

## Comments:

- If you have diabetes, remove beetroot from the recipe.
- If you have high blood pressure or heart problems, remove ginger from the recipe.

